

the
CLARA CLINIC



Hormone Replacement Therapy Referral

Dear Doctor,

Thank you very much for your referral to The Clara Clinic. It is our priority to treat this patient as you would treat them in your own clinic, to ensure they receive the best care and monitoring possible.

In order to ensure we are clear about how you would like this patient managed and monitored, as well as ensure that we are following our licensing obligations, please check the following details.

Referral Type:

- If you are an ND and can provide the below information, your patient can be scheduled for a 30 minute express HRT appointment.
 - Chief concerns
 - Health history + family health history
 - Blood work run within the last 3 months that includes estradiol, progesterone, free testosterone
- If you are an ND and would like us to take care of reviewing the above details and ordering blood work, your patient can be scheduled for a 60 minute express HRT intake appointment.

Further details to confirm:

- Patient response and overall care will remain the responsibility of this patient's primary ND/MD.
- Monitoring labs relevant to care and IV Therapy will be performed by:
 - Primary ND/MD (please fax or email us copies)
 - ND providing IV Treatment at The Clara Clinic (we will email or fax you copies)

Please communicate any changes to treatment required, changes in the health status of your patient, or any special information to The Clara Clinic by email or fax.

We can best reach you at _____ to communicate about your patient if necessary.

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HRT Referral Form

Patient Name: _____ Referring Doctor: _____
Address: _____ License #: _____

Clinic Name: _____

City: _____
DOB (mm/dd/yyyy): _____ Phone: _____
Phone: _____ Fax: _____
Email: _____ Email: _____

Patient Information

Chief Complaints:	
Secondary Complaints:	
Treatment Requested:	
Allergies:	
Current Medications:	
Current Supplements: (please list all)	
Lab Work: (please include a copy)	

NOTE: Following an initial HRT assessment your patient can expect the below follow-up schedule

- 1 month after HRT assessment: 15 min follow-up to reassess dosing and arrange for 3 month blood work / hormone retesting
- 3 months after HRT assessment: 30 min follow-up to review their blood work and review treatment response
- If patient is stable at the 3 month mark: 15-30 min follow-up every 6 months to re-test hormone levels and monitor treatment